



ALUMNI ASSOCIATION,

VINAYAKA MISSION'S ANNAPOORANA COLLEGE OF NURSING, SALEM

Registered under The Tamilnadu Societies Registration Act, 1975 (Tamilnadu Act 27 of 1975)

ALUMNI NEWSLETTER - 2023 - 2024



SALUTE TO ALL NURSES AND THEIR HARD WORK

VMACON ALUMNI ASSOCIATION - NEWS LETTER, 2023 - 2024



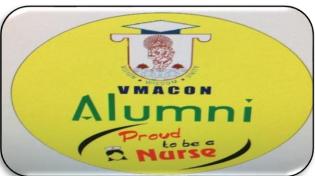


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Newsletter-2023-2024



As a nurse we have opportunity to heal the mind, soul, heart and anybody our patient, their families and ourselves. They may forget your name but they will never forget how you made them feel. "Pride yourself on being a nurse"

D E A R A L U M N I

REFLECTION OF VMACON

An outlook of VMACON alumni association during annual alumni meet -2023;

- ✓ Annual Alumni Meet conducted on 20.09.2023. Alumni Association President Dr.K.Maheswari, Principal, VMACON, Salem, inaugurated and welcome the gathering. Alumni report was presented by Mr. N. Loganathan, Alumni secretary.
- ✓ The Chief guest was Dr. V.P. Banumathi, M.B.B.S., D.G.O., Joint Director of Health Services, Salem, released Alumni Newsletter 2023 and Mr. N. Ramasamy, Director, VMRF-DU, Salem received the first copy.
- ✓ A seminar on "Carrier Guidance" was dealt by Mr.A. Sanjai Kumar, Associate Professor, Maddawalabu University, Ethiopia. (Alumni of VMACON).
- ✓ Various cultural activities and games conducted for the Alumni members. The members were
 participated enthusiastically in the entire programme. Prizes were distributed to the winners of
 competition.
- ✓ The Alumni members shared their thoughts and opinion.
- ✓ General body meeting was held to discuss forthcoming activities of alumni association.









REFLECTION OF VMACON

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SI. No	Name of the post	Committee members	Mobile No.& e.mail Id
01.	President	Prof.Dr. K. Maheswari, Vice Principal, Vinayaka Mission's Annapoorana College of Nursing, Salem.	6369300891 maheshsenthil@yahoo.com
02.	Vice President	Dr. Walter, Chairman, Varalakshmi College of Nursing, MS Paramedical Sciences, MS College of Commerce, MS PU College, Bangalore	9900280118 mountshepherd18@gmail.com
03.	General Secretary	Mr. N. Loganathan, Assistant Professor, Vinayaka Mission's Annapoorana College of Nursing, Salem.	9943455335 nvloganathan@gmail.com
04.	Joint Secretary	Mr. Roby Varghese, Director of Nursing Uniting Age well Andrew Kerr Care Mornington, Victoria, Australia	64221034178 robyachu@gmail.com
05.	Treasurer	Mr. A. Prabhakaran, Assistant Professor, Vinayaka Mission's Annapoorana College of Nursing, Salem.	9043433402 prabhakaranyellow5@gmail.com
06.	Joint Treasurer	Mrs. S. Shanmuga Priya, Principal, St. Bonywhite College of Nursing, Salem.	9894332201 shanmugapriyasuresh1979@gmail.c om
07.	Programme Committee Chair person	Mrs. K. Vijayalakshmi, Vice Principal, Shiv Parvathi Mandradiar College of Nursing, Palayamkottai	9865567174 rishiyazhu2010@gmail.com
08.	Educational Programme Committee Chair person	Dr. S. Lakshmi Prabha, Associate Professor, Vinayaka Mission's Annapoorana College of Nursing, Salem.	8778674114 lakshmiprabha1978@gmail.com

OUR ALUMNI ACHIEVERS-2022 - 2023

Year	Name of the Alumni	Year & Batch	Award	Awarded by
26.04.2024	Mrs. Karthikeswari	2011-2013	Indian Education Icon	UIJIR Academic Research Foundation, Uttar Pradesh
19.05.2024	Mr. G. Karthick	2011-2015	Meritorious Service in the field of Nursing	Indian Medical Association Salem Branch
12.06.2024	Mr. M. Chokkalingam	2013 - 2017	Nurses Excellency in Emergency	Dubai Corporation for Ambulance Services, Dubai









REFLECTION OF VMACON

Journal Club Presentation

Mrs. K. Parasakthi, Assistant Professor, Department of Community Health Nursing, V. M. A. College of Nursing, Salem, organized a journal club presentation on "Revised Sukanya Samriddhi Yojana" on 27.07.2023. It is a government backed small savings scheme for the benefit of girl child. It is a part of the Beti Bachao, Beti Padhao Yojana and can be opened by the parents of a girl child below the age of 10 years. SSY account has a tenure of 21 years or until the girl child marries after the age of 18.





Obstetrics and Gynaecological Nursing department organized a journal club meeting and presented a journal article regarding "Mayer-Rokitansky-Kuster-Hauser Syndrome" on 07.12.2023 by Dr. A. Thenmozhi, Assistant Professor. Mayer-Rokitansky-Kuster-Hauser syndrome is a rare congenital disorder that affects the female reproductive system. This condition is characterized by an underdeveloped vagina and uterus. The uterus may be small or absent and the vagina is typically shortened. All the faculty members attended the programme.

Mr. A. Prabhakaran, Department of Community Health Nursing, Vinayaka Mission's Annapoorana College of Nursing, Salem, organized a Journal Club Presentation on "Coffin Siris Syndrome" on 22.01.2024. Coffin-Siris syndrome a rare genetic disorder which causes developmental delays, absence of the fifth finger and toe nails. Most of the affected person may have mild to severe intellectual disability or delayed development of speech as well as motor skills like sitting and walking. The treatment is based on the specific features of the individual child.



Obstetrics and Gynaecological Nursing department organized a journal club presentation regarding "Acute Fatty Liver of Pregnancy" on 03.02.2024 presented by Dr.S.Parimala, Professor cum Vice Principal, OBG Dept, VMACON, Salem. Acute fatty liver during pregnancy is an Obstetrics emergency characterized by maternal liver dysfunction or failure that can lead to maternal and fetal complications, including death.





Mr. V.C. Mani, Nursing Tutor, Department of Medical Surgical Nursing, has organized a Journal Club Presentation regarding "Coat's Disease" on 23.04.2024. Coat's disease is a rare disorder characterized by abnormal development of the blood vessels in the retina. George coat was first described in 1908. Disease symptoms are loss of vision, misalignment of the eyes (strabismus) and the development of a white pupil. The effective treatments like laser therapy, cryotherapy and vitreoretinal surgery.

Department of Psychiatric Nursing, Vinayaka Mission's Annapoorana College of Nursing, Salem, organized a Journal Club Presentation on 07.06.2024. Mr. N. Loganathan, Assistant Professor has presented a journal article on "Apotemnophilia". It is characterized by a desire to have a sensory or physical disability or feeling discomfort with being able-bodied, beginning in early adolescence and resulting in harmful consequences.



ANNUAL DAY - ASCON FIESTA - 2023









The College Annual Day "ASCON FIESTA – 2024" was celebrated on 08.05.2024 at Annapoorana Auditorium, VMKVMCH, Salem, in the royal presence of Datin' Seri Mrs. Kamatchi Sharavanan, Director, VMRF-DU, Salem, Shri. Gokul Krishnan Sharavanan, Executive Director, Campus Development (VMKVMC Campus), Mdm. Vasundara Sharavanan, Executive Director, Campus Development (VMKVEC Campus), Mr.N.Ramaswamy, Director, VMRF-DU, Salem. Holy lamp was enlightened by all the dignitaries. Magazine-2024 was released by Honourable Datin' Seri Mrs. Kamatchi Sharavanan, Director, VMRF-DU, Salem and first copy of the magazine is received by Honourable Chief guest Dr. S. J. Nalini, Principal, Sri Ramachandra Faculty of Nursing, Chennai. Dr.K. Maheswari, Principal, Vinayaka Mission's Annapoorana College of Nursing has presented the Annual Report. Prizes were distributed to academics, cultural and sports winners. Cultural programmes were performed by the students. The programme was ended with national anthem.

VMACON ALUMNI ASSOCIATION - NEWS LETTER, 2023 - 2024

INTERNATIONAL WEBINAR ON "EMPOWERING NURSES IN TIMES OF END STAGE DISEASES: A PATH TO PALLIATIVE CARE"



Department of Medical Surgical Nursing & IQAC organized a International Webinar on 20.03.2024. The Chief Guest Prof. **Dr.P.K.Sudhir, Vice Chancellor**, VMRF (DU) and the **Guest of Honor Dr. Kandasamy Muthugounder**, Asso. Professor, College of Nursing, Khamis Mushait, King Khalid University, Abha Kingdom of Saudi Arabia addressed the gathering.

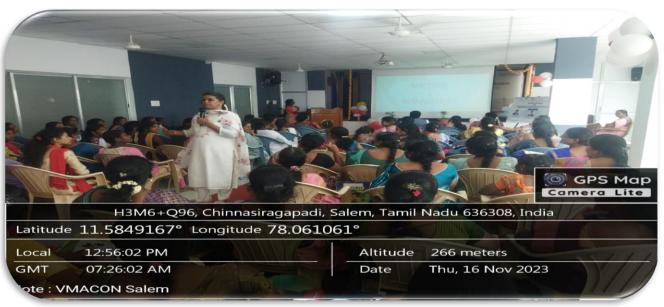
The Scientific session was started with "Essentials and domains of palliative care" by Mrs.V.V.Sahiya, RNRM, M.Sc.(N), Principal Coordinator of Oncology Nursing Course, Reginal Cancer Center, Thiruvandrum, Kerala, followed by Mrs. Kukku, RN RM, Registered Nurse, Laser Aesthetic Specialist, Dubai, dealt about "Addressing Psychosocial needs during Palliative Care". Mrs. Ashmi Salim, RN RM, Registered Nurse, Oncology Dept, Auckland DHB deliver lecture on "Enhancing Nurses skills for Palliative care in long term care".

The scientific session II was started with "Challenging Values and Practices in Palliative Care" by Mr. Britto Deepan Belavendiran, M.Sc. (N)., Nurse Practitioner in Critical Care Unit, University of Bristol and Western NHS trust, UK. Finally, Mrs. Shelbi Cherupurath Baby, M.Sc. (N)., Clinical Nurse Manages, St Francis Hospice, Dublin, Ireland, dealt on "Evidence Based Palliative Care". All the Sessions were very much interactive and informative to all the participants.

Outcome: Around 300 participants attended the programme and gained knowledge and information regarding palliative care.

NATIONAL SEMINAR - STRENGTHENING THE MANAGEMENT OF NURSING SERVICES: EMPOWERING NURSES TO EXCELLENCE IN HEALTHCARE





Vinayaka Mission's Annapoorana College of Nursing, Salem, organized a National Seminar on 16.11.2023 regarding "Strengthening the Management of Nursing Services: Empowering Nurses to Excellence in Healthcare". The Seminar was approved by Tamil Nadu Nurses and Midwives Council, Chennai, with 8 credit hours. The Resource Persons from Karnataka, Pondicherry and Tamil Nadu enriched the scientific sessions. 300 delegates from various states of India attended the seminar. The sessions were very much interactive. Valedictory session was enlightened by Chief Guest Dr. S. Soundammal, Deputy Director of Health Services, Salem. Dr. K. Maheswari, Principal, VMACON felicitated the gatherings. Certificates were distributed to all the participants.

Outcome: Delegates have given the feedback that the topic of the seminar was very much useful. All the Speakers were highlighted and clarified their topics. The seminar was well organized and benefited to all the nurses.



Theme: "Our Nurses. Our Future. The economic power of care."

Students Council organized speech competition for the B.Sc. Nursing students on the eve of "International Nurses Day" on 12.05.2024. Prof. Dr. K. Maheswari, Principal, VMACON, Salem, addressed the gathering. Mrs. Poovizhi, Nursing Superintendent, Mrs. Maya, DNS, VMKV Medical College Hospital, Salem, were honoured. Prizes were distributed to the winners. The Programme was ended with National Anthem.

Department of Psychiatric Nursing organised an awareness rally on the occasion of "International Day against Drug Abuse and Trafficking" 26.06.2024. Illicit on Tmt.P.Indrani, Inspector of Police, Attayampatti, flagged off the rally with the presence of Mr.M. Sub Inspector of police, Kamaraj, Attayampatti station and Dr. K. Maheswari, Principal, VMACON, Salem. The student enthusiastically shouting volunteers were slogans and singing poems, songs on effects of drug abuse on individual, family and society.





Theme: "Let's act our commitments: End child labour. "

Short film video show and speech was organized by the department of Child Health Nursing on the eve of "World Day Against Child Labour" on 12.06.2024 at Vinayaka Mission's Kirupananda Variyar Medical College and Hospital, Salem. Around 60 mothers & Caregivers participated and benefited.



The Trained Nurses Association of India & Student Nurses Association of India has conducted Hair Donation Camp for Cancer Survivors in Tamil Nadu. Our three students of Vinayaka Mission's Annapoorana College of Nursing (Mrs. S. Sathya, M.Sc. (N), Ms. Chaitra Prasannan & Ms. Suman Devi, B.Sc. (N) II - year had participated in the hair donation on 04.05.2024 Zone IV at Sri Gokulam College of Nursing, Salem.

The Department of Obstetrics and Gynaecological Nursing unit of Vinayaka Mission's Annapoorana College of Nursing, Salem, has organized a "National Safe Motherhood Day", based on the theme 'Invest in Women: Accelerate Progress' on 11.04.2024 at VMKVMCH, Salem. In this programme various activities were conducted by students likes Speech, Health talk, assessment and screening of mothers etc.





The Students Council and National Service Scheme has organized "World Health Day" based on the theme "My Health, My Right" on 07.04.2024 at Urban Maternity Centre, Dhadhagapatti, Salem. Mrs. Thenmozhi, Maternity Assistant, Urban Maternity center, Salem, addressed the gathering. Nursing volunteers have enlightened the importance of Health through Health Talk. Health checkup was conducted. Around 30 people were participated and got benefited.



Obstetrics and Gynecological Nursing Department organized Debate, Fashion show and concept dance on the eve of "International Women's Day" on 08.03.2024. The programme was inaugurated and Special address was given by Dr. K. Maheswari, Principal, VMACON.

Date : 10.02.2024

Theme: ''Eliminate STH: Invest in a Healthier future for Children''

Department of Community Health Nursing organized an Awareness campaign on preventive measures of worm infestation in lieu of "National Deworming Day" at Primary School, Aanaikuttapatti, Salem. Around 50 students got benefited by health education regarding Prevention of worm infestation and the ways to maintain their Health.



PSJC+GP5, Kurumbampatti, Tamil Nadu 636012, India

Latitude
11.73095687°

Local 12.01.16 PM
GMT 06:31.16 AM

Saturday, 03.02.2024

Theme: Closing the Care Gap

Venue: Sharon Cancer Institute, Salem

Date: 03.02.2024

The Department of Medical Surgical Nursing has organised a Health awareness programme in the lieu of "World Cancer Day" at Sharon Hospital, Salem. The chief guest Mr. Vijayan, HR, has inaugurated the programme. Mrs. Joice, Nursing Superintendent given orientation about the hospital. Dr. Kaviya, Chief Consultant delivered a lecture on Palliative care. Health awareness mime show was presented by B.Sc. Nursing III-year students to the social workers

Red Ribbon Club and Community Health Nursing department organized an awareness campaign was organized in the eve of "World Aids Day" on 01.12.2023 by District AIDS Prevention and Control Unit, at District Collectorate, Salem. Principal, faculty and 98 students were participated in Human Chain regarding prevention of AIDS. It was inaugurated by Thiru. Karmegam, IAS, District Salem. Outcome: Collector, Dedicated service was appreciated by District Collector, received Award and appreciation Certificate.





The NSS unit of Vinayaka Mission's Annapoorana College of Nursing, Salem, celebrated "Children's Day" program on 14.11.2023 at Panchayat Union Middle School, Veerapandi Village, Salem. Mrs. S. Kavitha, Headmistress was the chief guest, presided over by Dr.K.Maheshwari. Principal, Vinayaka Mission's Annapoorana College of Nursing, Salem, on this day, the volunteers conducted various play activities for children. Finally, prizes were distributed to the winners. A total of 55 Children participated enthusiastically in this program.

Theme: Diabetes Risk and Prevention

Venue: VMACON, Salem

Date : 14.11.2023

The Department of Medical Surgical Nursing has organised a State Level Poster Competition among all Nursing Colleges on the eve of "World Diabetic Day" based on the theme. Around 110 students have participated with interest from various colleges. The Jury Dr.Deepthi Shasthri, Deputy Dean, Vinayaka Mission's Kirubanadha Variyar Medical College & Hospital, Salem, selected the winners.





Lamp Lighting Ceremony was conducted in Vinayaka Missions' Annapoorana College of Nursing, Salem, on 29.11.2023. Prof. Dr. K. Tamizharasi Ph.D. (N), Principal, Sri Gokulam College of Nursing, Salem, was the Chief Guest and addressed the gathering. Welcome speech was given by Dr. S. Parimala, Vice Principal. Lighted Lamps were given to the freshers (I - year B.Sc. Nightingale pledge was (N) and DGNM). administered by Dr.K.Maheswari, Principal, Vinayaka Mission's Annapoorana College of Nursing, Salem. The Freshers gave cultural Events. The programme was end up with vote of thanks by Dr.S.Lakshmi Prabha, Associate Professor.

The Department of Child Health Nursing organised "State Level Intercollegiate Neonatal Quiz Competition" on 17.11.2023. The programme was inaugurated by the Chief guest Dr. Suba Sooria, Head Nurse Service, Kasturba Hospital, Manipal, Karnataka. In the presence of Prof. Dr. K. Maheswari, Principal, VMACON, Salem. Overall, 17 teams participated from various colleges around Tamil Nadu. Prize winners were awarded with momentum. the participants were appreciated with certificates.





Date: 19.10.2023

Vinayaka Mission's Annapoorana college of Nursing, Salem, organized a "Freshers Day Celebration" for I-year B.Sc. (N) & DGNM students. Programme was Prof.Dr.K.Maheswari, inaugurated Principal and Prof.Dr.S.Parimala, Advisor, blessed the new comers. All the Department Heads, faculty members and students attended the programme. Freshers performed variety of events and cultural programmes. The programme ended with National Anthem.



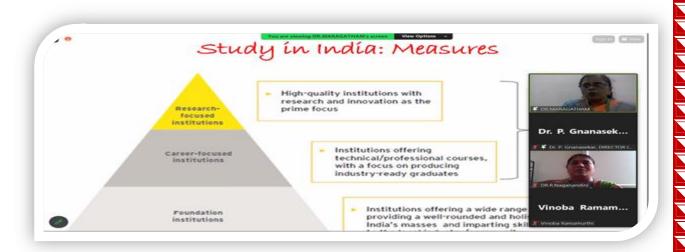
Theme: "OUR MINDS, OUR RIGHTS"

Department of Psychiatric Nursing organized an awareness campaign through exhibition and video presentation for school students in lieu of "World Mental Health Day" on 10.10.2023 at Government High School, Chinnaseeragapadi, Salem. Awareness exhibition was inaugurated by Thirumathi. Lalitha, Head Mistress, Government High School, Chinnaseeragapadi, Salem with the presence of Dr.K.Maheswari, Principal, Vinayaka Mission's Annapoorana College of Nursing, Salem, followed by awareness video was presented to school students regarding the promotion of mental health. Six faculty members and 99 Nursing students participated in this programme.

Outcome: Around 200 school students and 15 school teachers visited the exhibition and got benefited regarding the mental health promotion strategies in their daily life.

INTERNAL QUALITY ASSURANCE CELL - 33RD QUALITY WEBINAR SERIES (QWS)





Internal Quality Assurance Cell (IQAC), Vinayaka Mission's Annapoorana College of Nursing, Salem, organized a 33rd (QWS) Webinar on "Promoting Quality Research and Innovation in Higher Educational Institutions" on 07.10.2023. The programme was started with welcome address by Dr. K. Maheswari, Principal, VMACON, Salem. Key note address was given by Dr. P. Gnanasekar, Director (IQAC), VMRF- DU, Salem. Followed by Scientific session was enlightened by Guest Speaker Dr. S. Maragatham, Professor, Saveetha College of Nursing, SIMATS Deemed University, Chennai. Session was very much interactive and informative to all the participants. Session was ended with vote of thanks which was given by Dr. R. Naganandini, IQAC coordinator, VMACON, Salem. Outcome: Around 223 participants attended the programme and gained knowledge and information regarding importance of research and innovation to improve the quality enhancement in higher educational institutions.



Date: 05.09.2023

The students have organized the Teacher's Day programme with beautiful speeches about teacher's day. The Principal Dr. K. Maheswari narrate the role of teachers in shaping the society and appreciated the students for organizing the teacher's day function. Cake cutting was done by all the faculty. The student's performed cultural activities including group song. Vote of thanks given by the student of first year students and finally, the programme ended by distributing chocolates.

Vinayaka Mission's Annapoorana College of Nursing, Salem, conducted Inauguration of I - year B.Sc.(N) and DGNM course (2023-2024 Batch) on 14.08.2023 in VMACON Auditorium, Salem. The principal Prof. Dr. K. Maheswari, VMACON, Salem, lighted the ceremonial lamp which was followed by the recital of Pooja and prayer.



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Thursday, 21.09.2023
Te: VMACON, Salem, VMSF-0U

Theme: "Never Too Early, Never Too Late" Date: 21.09.2023

Department of Psychiatric Nursing organized an awareness campaign for Memory Screening in lieu of "World Alzheimer's Day" at Life trust destitute old age home, Uthamasolapuram, Salem, followed by individual health education was given regarding the home care management of old age people with dementia. Around 99 student volunteers and six faculty members participated in this programme.



Venue: Bus Stand, Attayampatti, Salem.

Date: 29.09.2023

The Department of Medical Surgical Nursing has organised an Awareness Programme in the lieu of World Heart Day. The chief guest Mrs. Durgadevi, Sub Inspector of Police and Dr. K. Maheswari, Principal, VMACON had inaugurated the Programme. Health Awareness Talk was given by Dr.S.Lakshmi Prabha, HOD, Department of Medical Surgical Nursing. The students created Awareness by doing Flashmob about Healthy heart, Symptoms of Cardiac Diseases and Preventive measures to the people with plug cards.

Outcome: Around 120 people got benefitted. They raised questions and clarified their doubts about Prevention of Cardiac Diseases.



The Environmental Students Club and National Service Scheme has organized an awareness programme in lieu of "Green Consumer Day – 2023" on 29.09.2023 at Chinnaseergapadi village and at VMACON, Salem. The volunteers have created awareness among public with posters, distributed cloth bags to the consumers at Chinaaseergapadi village, Salem, and made awareness with videos about recycle materials.

GRADUATION CEREMONY - 2023



Graduation Ceremony was conducted on 20.09.2023 at 11.00am in Vinayaka Mission's Annapoorna College of Nursing Auditorium, Salem. Chief Guest Dr.V.P.Banumathi M.B.B.S, D.G.O, Joint Director of Health Services, Salem and Mr.N.Ramasamy, Director, VMRF-DU, Salem, distributed the graduation certificates. Dr.B.Jaykar, Director, Clinical Trials, Dr.Suriyanarayanan, Deputy Director, Research, VMRF-DU, Salem, felicitated the gatherings. Prof.Dr.K.Maheswari, Principal Administered the pledge to the degree holders. The programme was ended with National Anthem.

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Don't forget to checkout our recently updated website to find information on our undergraduate program, postgraduate program, Faculty, Labs, Continuous nursing education

CONTACTUS

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9943455335; 9043433402



PROUD TO BE AN ALUMNI OF VMACON